

PROTECT YOURSELF AND OTHERS



FROM PRESCRIPTION PAIN MEDICATION OVERDOSE



Prescription opioid pain medications are a significant contributor to unintentional drug overdose deaths in Ohio.

Try non-opioid pain medicine (like ibuprofen) and therapies.

When you need a prescription opioid medication, ask your healthcare provider for the least potent medication that will effectively manage your pain.

Take your prescription pain medication exactly as directed.



Secure your prescription pain medication so that no one else can take it.

Safely dispose of unused prescription pain medication to prevent potential use by others.

[Pharmacy.Ohio.Gov/Disposal](https://www.Pharmacy.Ohio.Gov/Disposal)

Start talking! Talk to your kids about the dangers of drug abuse.

[StartTalking.Ohio.Gov](https://www.StartTalking.Ohio.Gov)